



RIGA SOCIAL SERVICES

Addiction Prevention Sector

Mg. Psych. **Kristine Mozerte**

Head of Addiction Prevention Sector

Resources

- Head of Addiction Prevention Sector (1)
 - **Addiction prevention specialists (4):**
 - In Latgale district (2)
 - In Paraugava district (1)
 - In Ziemeļu district (1)
 - Narcologist
 - Pedagogue
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Aims and objectives

- **To inform**
 - **To consult**
 - **To educate**
 - **To motivate**
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Offer

- Consultations on issues of addiction :
 - individual
 - family
 - Behavioral intervention and support group sessions for adolescents and adults
 - Advice form «a narcologist»
 - Advice form «a pedagogue»
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Individual and family consultations

- addiction and co-dependence formation processes
 - psychological and emotional support
 - motivational intervention
 - maintenance of remission
 - solving family, school and/or peer relationship problems
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Behavioral intervention and support groups for young people

Goal – to promote behavioral changes, reinforce socially acceptable norms and improve skills

- ❑ „Intervention for reducing aggression in children and adolescents”
- ❑ “Addiction prevention within schools”
- ❑ „ Intervention for youth obsessed with computer games”
- ❑ „ Smoking cessation intervention for youth”
- ❑ „Discussions motivating youth”
- ❑ “Freedom to be yourself” (Change of behaviour of co-addicted young people)

and adults

Co-dependency support groups

help for relatives of addicts

Groups for parents

how to get along with children/adolescents
and to promote healthy relationship within
family

Remission program for addicts

help to keep in long-term remission

Remission program for addicts

- ❑ 13 classes – practical tasks and homework
 - ❑ Topics:
 - ✓ Signs of relapse
 - ✓ Risk situations
 - ✓ Emotions
 - ✓ Resources
 - ✓ Conflicts. How to deal with them.
 - ✓ Stress management
 - ✓ Self-esteem
 - ✓ Co-dependence
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Responding to the clients' needs:

- Individual consultations with the pedagogue**
in cases of school absenteeism or in other reasons when assistance is needed to master the study material
 - Narcologist consultations**
in cases where the case diagnosis is necessary for further motivation work
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APS services are:

freely available

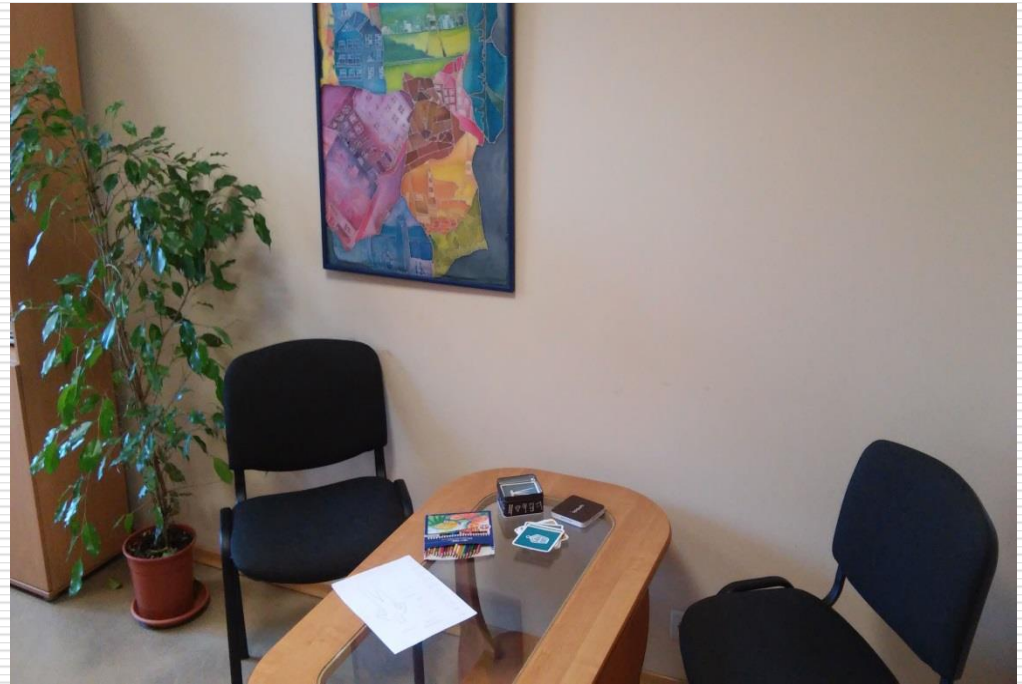
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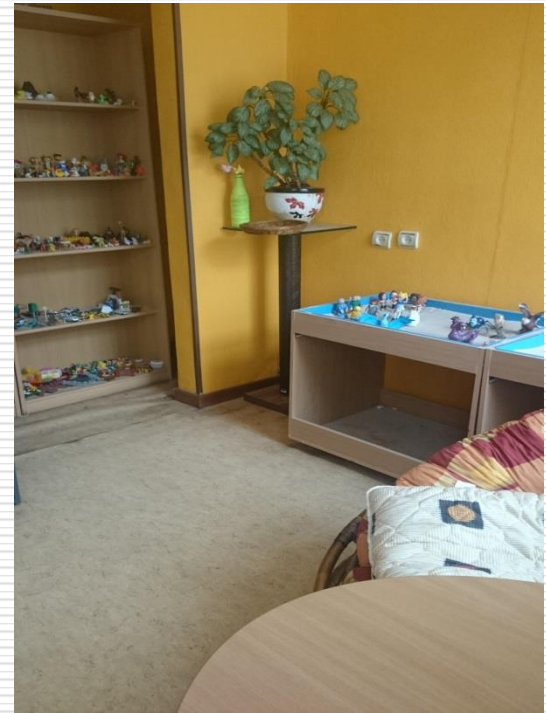
Cooperation

- Rīga Social Services
 - Foundation „Nova vita” caritative social rehabilitation centre “Bethlehem House of Charity“
 - Crisis centres (*«Burtnieks», «Māras centrs», u.c.*)
 - State Probation Service
 - Riga Municipality Police
 - Schools of Riga
 - Riga Municipal Children and Youth Centre
 - Day care centres for children and young people
 - Subcommission of Children Affairs subordinated to Riga City Council Administrative Commission
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**Division in Pardaugava district - Baldones iela 2, room 311,
phone: 67037530**



Division in Latgale district – Maskavas iela 285/6, phone: 67037109; 67037110



**Division in Ziemeļu district – Vidrīzu iela 3, room
111,
Phone: 67012153**

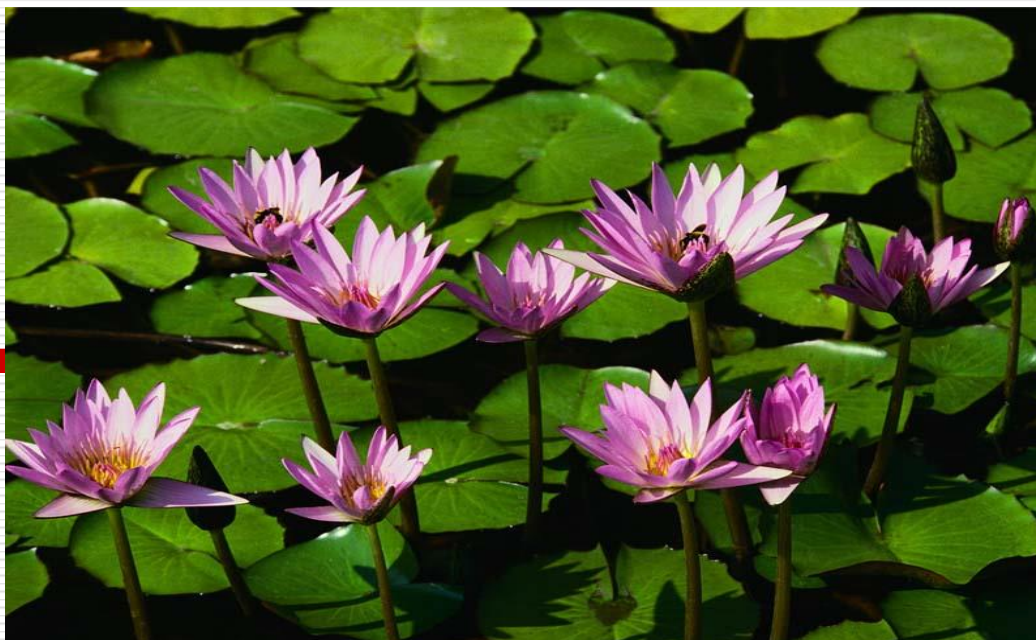




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QUESTIONS?



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